



How to Join the MUSC SuperTracker Challenge

Joining the MUSC Group

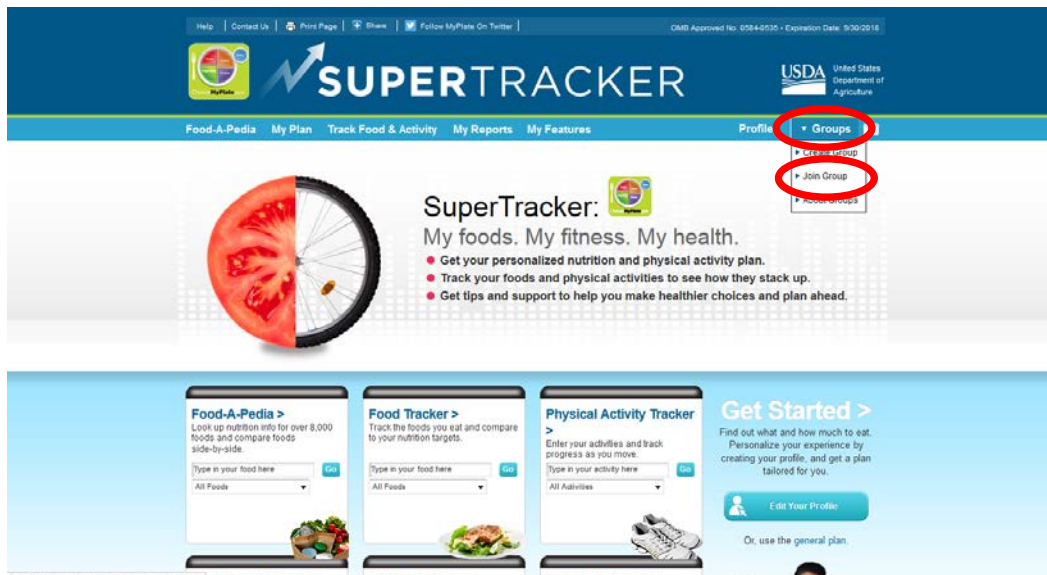
JOINING IS FREE AND ONLY TAKES ABOUT ONE MINUTE TO SET UP YOUR ACCOUNT!

1. Log into your SuperTracker account at <https://www.supertracker.usda.gov>

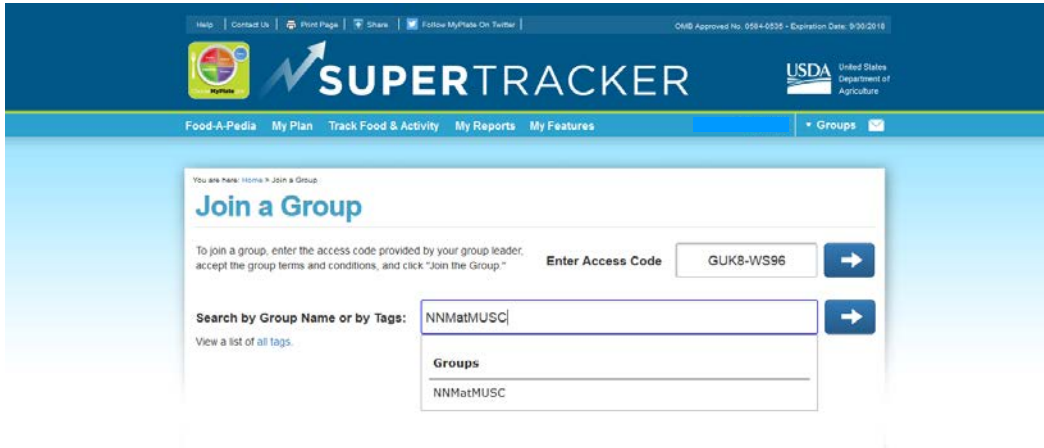


Log in or create your
FREE account

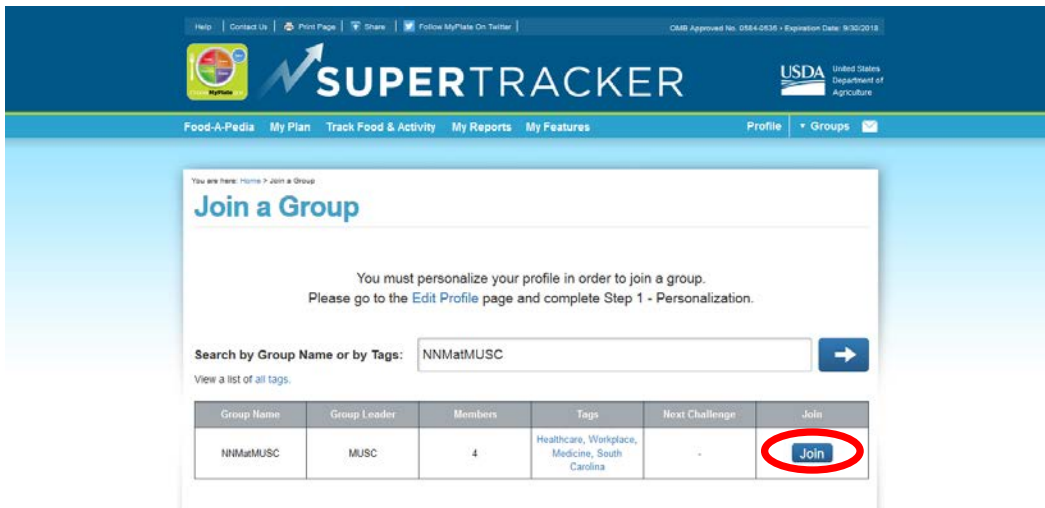
2. In the top right hand corner, select "Groups", "Join Group". (You will have to complete your profile in order to do this. Profile information is not shared with others).



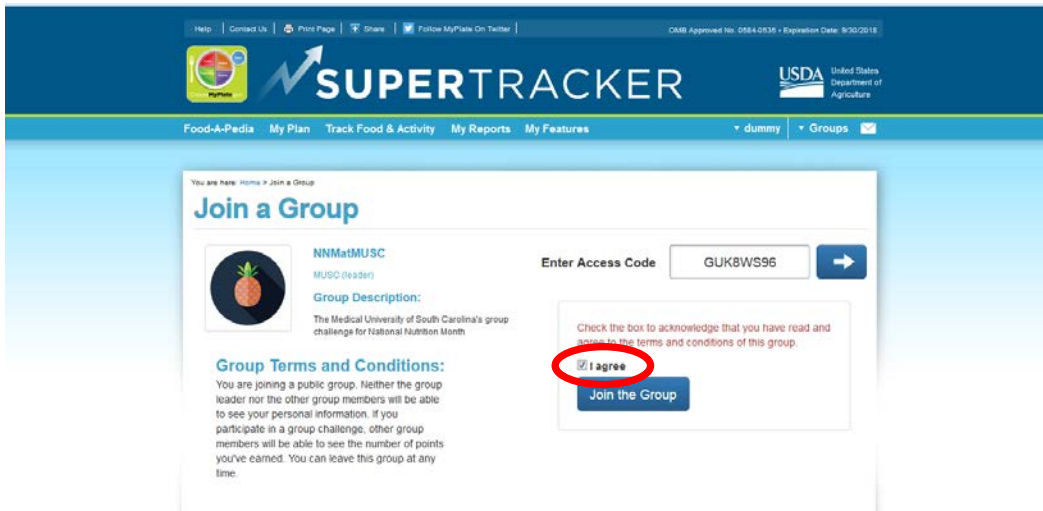
3. Enter access code **“GUK8-WS96”** or search by group name: **“NNMatMUSC”**



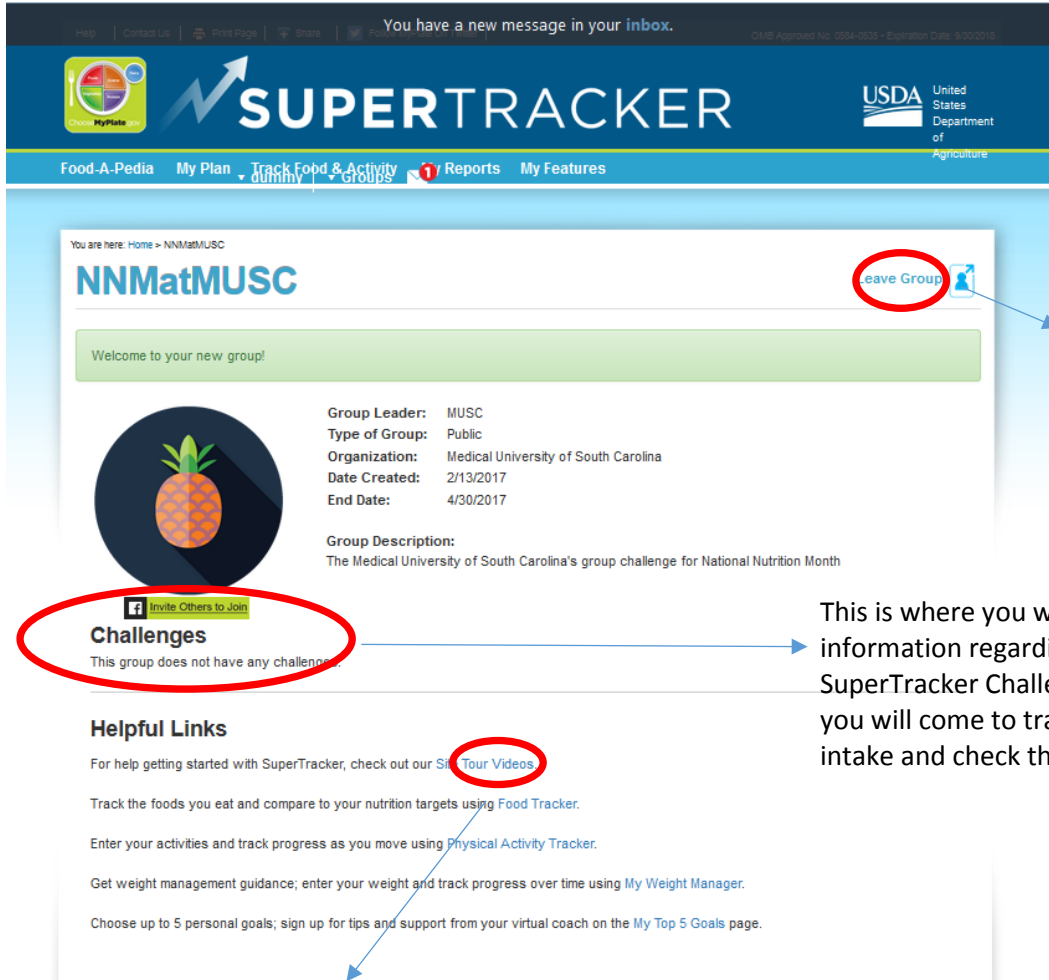
4. Click “Join”



5. Agree to the terms and join the group!



6. Click on “Food Tracker” and start tracking your foods and earning points toward a prize!!



You can leave the group at any time.

This is where you will find all the information regarding MUSC’s SuperTracker Challenge and where you will come to track your food intake and check the scoreboard

Tour the site to learn more

National Nutrition Month 2017



#NationalNutritionMonth
#NNMatMUSC
#MUSCbitesin

www.Facebook.com/MUSCFoodandNutrition
www.mushealth.org/nutrition/mindful