



Renal Diet

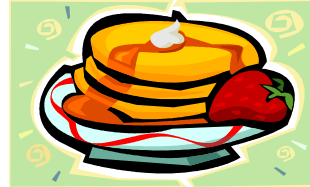
To place your order dial: 2-3892
Hours of service: 7:00am-7:30pm

Your doctor has prescribed a renal diet which is necessary when your kidneys are not working properly. This diet limits the sodium (700 mg of sodium per meal), potassium and phosphorus which can build up in the blood and become harmful. Protein and fluid may be restricted as well.

Our suggestions when ordering your meals from the At Your Request® menu for your special diet are listed below.

EGG

Scrambled / Low Cholesterol / Hard Boiled
Omelet with choice of Onion / Green Pepper / Mushroom
Pancake/French Toast
Turkey Sausage

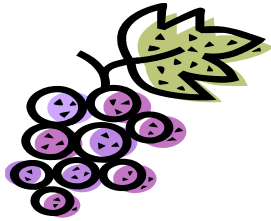


BAKERY

Bagel / English Muffin / Blueberry Muffin / White Bread

FRUIT

Grapes
Pear Halves
Apple
Applesauce
Peach Slices



ENTREES

Hamburger	Meatloaf
Pot Roast	Grilled Chicken Sandwich
Crispy Baked Fish Fillet	Roast Turkey
Fish Sticks	Herb Pork Loin
Lemon Chicken Breast	Turkey/Roast Beef Sandwich

ON THE SIDE

Green Beans	Carrots
Green Peas	Corn
Squash and Carrot Medley	
Dinner Roll	Rice
Spaghetti Noodles	

BEVERAGES

Juices: Apple / Grape / Cranberry
Milk: Skim / 2% / Whole / Lactaid
Tea: Hot / Decaf Iced Tea: Sweet / Un-sweet
Sodas: Ginger ale / Lemon-lime / Sugar-free Lemon-lime / Lemonade
Sugar-free Lemonade

CEREALS

Grits
Cream of Wheat
Corn Flakes
Frosted Flakes
Fruit Loops
Rice Krispies
Special K

SOUP / SALAD

Chicken Noodle Soup
Garden Vegetable Soup
Garden Salad
Cole Slaw

DESSERTS

Cookies: Sugar/Vanilla Wafers
Ginger Bread Cake
Graham Crackers
Sherbet: Lime/Orange
Gelatin
Apple Crisp
Rice Krispy Treats

