

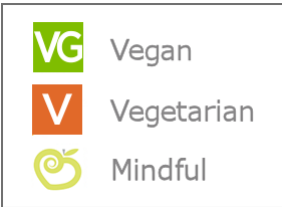


Watch for
Mindful
Menu Solutions...

Look for the
Mindful
symbol to find your way
to better nutrition.

Hours
6:15am-3:00am

Managers
Retail Director - Scott Cole 2-3560
Retail Manager - Maureen Seels
2-4558
Executive Chef Manager - Tim
Wickey 2-5897



Medical Center Café

Week of Monday January 22

Monday

- Soup: Creamy Broccoli Cheddar Soup **V**
Cheese Drop Biscuits **V**
- Entree: Grilled Marinated Pork Cutlet
Sauteed Chicken Marsala
- Side Dish: Steamed Basmati Rice **VG**
Bandito Beans **VG**

Tuesday

- Soup: Creamy Turkey and Wild Rice Soup
Vegetarian Lentil Soup (Mindful)
Cheese Drop Biscuits **V**
- Entree: House Smoked Beef Brisket
Extra Crispy Fried Chicken
Brown Gravy (LS)

Wednesday

- Soup: Tuscan Kale & Bean Soup (Mindful) **V**
Cheese Drop Biscuits **V**
Chili Con Carne
- Entree: BBQ Teriyaki Pork Loin w/ Crispy Onions
Chicken Adobado
- Side Dish: Creamy Macaroni & Cheese **V**

Thursday

- Soup: Vegetable Beef Barley (Mindful)
Cheese Drop Biscuits **V**
- Entree: Meatloaf
Stuffed Shells with House Marinara **V**
- Side Dish: Mashed Red Potatoes **V**
Savory Black-Eyed Peas **V**

Friday

- Soup: Classic New England Clam Chowder
Cheese Drop Biscuits **V**
Southwest Three Bean Barley Soup **VG**
- Entree: Baked Potato Station
Beef Stir Fry
- Side Dish: Peas and Mushrooms **V**

Saturday

Sunday

- Soup: Cream of Tomato Soup **V**
- Entree: Savory Rotisserie-Style Chicken
- Side Dish: Mashed Potatoes
Macaroni & Cheese **V**
Corn **VG**
Baby Carrots **VG**