



Watch for  
Mindful

Menu Solutions...

Look for the Mindful icon to find  
your way to better nutrition.

*Celebrate American Heritage  
Month!!*

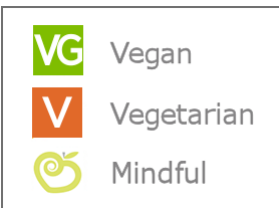
### Hours

Monday - Sunday: 6:15am to  
3:00am

### Managers

Caroline Williams - Operations  
Manager X2-3560

Maureen Seels = Retail Manager:  
X2-4558



# Medical Center Café

Week of Monday May 21

## Monday

Entree: Herb Grilled Eggplant ☺  
Mediterranean Lentil Ragout VG  
Creamy Macaroni & Cheese V  
Quinoa Primavera VG☺  
Black Forest Cobbler V☺  
Fruited Couscous Salad VG☺

## Tuesday

Soup: Moroccan Vegetable Soup (Mindful) VG☺  
Entree: Creamy Macaroni & Cheese V  
Linguine with Light Clam Sauce  
Brussels Sprouts with Bacon  
Creamy Macaroni & Cheese V  
Peach Cobbler V☺

## Wednesday

Soup: Pasta Fagioli Soup ☺  
Entree: Herb Roasted Pork Loin with Pan Gravy  
Baked Chicken Parmesan  
Carrot Mash V  
Creamy Macaroni & Cheese V  
All American Apple Cobbler V

## Thursday

Soup: Split Pea & Sausage Soup (Mindful) ☺  
Entree: House Smoked Beef Brisket  
Potato and Mushroom Tortilla V

## Friday

Soup: Manhattan Clam Chowder (Mindful) ☺  
Vegetarian Split Pea Soup VG☺  
Entree: Shrimp Diablo  
Sautéed Spinach in Olive Oil with Garlic VG☺

## Saturday

## Sunday

Soup: Turkey and Black Bean Chili  
Entree: Creamy Pasta Primavera V  
BBQ Baked Beans V  
Creamy Macaroni & Cheese V  
Warm Berry Cobbler V☺  
Roasted Poblano and Kidney Bean Salad V☺