

Bariatric Surgery Program
25 Courtenay Drive
Ashley River Tower
MSC 290
Charleston, SC 29425-2900
(843) 792-3046 phone
(843) 876-4201 fax
www.muschealth.org/weight-loss-surgery

T. Karl Byrne, MD Professor of Surgery Medical Director

Rana Pullatt, MD Professor of Surgery Director of Robotic Surgery

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Beth Fogle, MHA, RN, CBN Bariatric Nurse Coordinator

Lauren Timmerman, NP Bariatric Nurse Practitioner

Amanda Peterson, RD, LD Clinical Dietitian

Jessica Hinton, LMSW Licensed Masters Social Worker To our patients considering weight loss surgery:

Thank you for your interest in the MUSC Metabolic & Bariatric Surgery Program and congratulations on yourdecision to pursue a lasting and effective treatment for your obesity together with our team.

Before you fully commit to weight loss surgery, we strongly suggest that you contact your insurance carrier to <u>verify that weight loss surgery is a covered benefit under your policy</u>. Some policies exclude all types of weight loss surgery. It can be extremely disappointing to find out that you do not have coverage after going through the evaluation process. So we encourage you to find out prior to submitting your application. We have included a sample of the questions for you to call your insurance company to ask first.

If your insurance carrier does not cover the procedure, please call us at 843-876-4264 to discuss self-pay details.

Enclosed in this packet is an outline of the steps required to have surgery (keep this for your planning purposes).

### Please complete and return:

Patient Information Form (page 3)

**Nutrition Questionnaire (page 4)** 

**Medical History Questionnaire (pages 5-7)** 

### Return by mail, email, or fax:

Mail: MUSC Bariatric Surgery Program

25 Courtenay Drive, Ashley River Tower

MSC 290

Charleston, SC 29425 - 2900

**Email:** wls@musc.edu Fax: (843) 876-4201

When we receive your **Patient Information Form, Nutrition Questionnaire**, and **Medical History Forms** we will be in touch with you to discuss next steps.

Please visit our website for more information and resources www.muschealth.org/weight-loss-surgery

Yours sincerely,

#### The MUSC Bariatric Surgery Team

Karl Byrne, MD, Medical Director, Professor of Surgery Rana Pullatt, MD, Director of Robotic Surgery, Associate Professor of Surgery Colston Edgerton, MD, Assistant Professor of Surgery Aaron Lesher, MD, Associate Professor of Surgery and Pediatrics

### **Call your Insurance Company to Verify Benefits for Bariatric Surgery**

- Call the benefits coordinator at your human resource office and/or call the customer service line listed on your insurance card
- Once you are connected to a representative, ask the following questions to determine your policy benefits
- Please note that even if the representative states that bariatric surgery is a covered benefit, this is not a guarantee of coverage or payment

### Consider this list to help you ask all the questions and to document the answers received:

Telephone number and extension called:	Name of Insurance Company/Your employer:  Phone #/Extension: Person you spoke with and a reference number for the call:
"I am inquiring about my policy benefits regarding the surgical treatment of morbid obesity.	Is surgery for morbid obesity a covered benefit?" Yes or No: Do I have to go to a center of excellence or center with a specific designation and if so, Is MUSC one? Yes or No:
Which CPT codes/surgical procedures are covered?	43775 – sleeve gastrectomy 43644 – gastric bypass 43845 – duodenal switch Other:
Is MUSC in-network with this insurance plan?	Yes or No:
Do you have a policy on surgery for morbid obesity that I can obtain?	Ask to have it sent/emailed to you or direct you to webpage
Ask what other requirements the insurance company has for you to complete in order to approve surgery.	Medically supervised weight loss attempt? Yes or No? How many months? (3-6?): How long ago must these monthly visits be? Typically, within past 6-24 months: Who must the visit be with? Typically, MD or RD supervised by MD: Weight history of having obesity for certain # of years?  Does my Primary Care Provider have to refer me or provide a recommendation to have surgery? Yes or No? Do I need other clearances? Some require heart and lung clearances, checking TSH, or negative H Pylori test:  Weight or BMI requirement? Yes or No? Usually it is BMI>40 kg/m2, or BMI>35 kg/m2 with associated medical problems. Any specific health conditions (comorbidities) required if BMI is between 35-40?



# \*ASCREENCRIT\* Bariatric Surgery Program Initial Patient Application

Form Origination Date: 5/2016

ersion: 1	Version Date: (	(5/2016

Patient Name	
MRN	
PATIENT	IDENTIFICATION LABEL

Name SS# City						Siaius	
City	Address						
Oily	County			State	Zip		
Home Phone							
Ethnicity							
Occupation							
Employer's Name & Address							
Primary Care Provider (PCP)							
Address of PCP			PCI	phone _			
Referring Physician							
Address of Referring					ne		
Emergency Contact Name			Rela	ationship _			
Address	City _			_ State	Zip _		
Home Phone	Work Phone		C	ell Phone			
Insurance Information: (Give a							
Name of Primary Insurance _				condary Ir			
Address Customer Service Phone #		Custo	mer S	ervice Pho	ne #		
Prior Authorization Phone #		Prior /	∆uthoi	ization Ph	one #		
Policy or ID #		Policy	or ID	#	ioπ —		
Group or Plan#		Grour	or P	<i>''</i> lan#			
Subscribers Name on Card		Subsc	ribers	Name on	Card		
Relationship to Patient		Relati	onshir	to Patien	it		
		Subsc	ribers	Employe			
Prior Authorization Phone # _ Policy or ID # _ Group or Plan# _ Subscribers Name on Card _ Relationship to Patient _ Subscribers Employer Have you verified that your ins		Prior A Policy Group Subso Relation	Author or ID or P or	rization Ph # lan# Name on to Patien Employe	Card		
How did you hear about us?	Internet – other		ook [				agazine
	ne:		L	rnena.	maille.		
Television  Physician: Nan			Ĺ	Filelia.	ivallie		
<ul> <li>MUSCHealth Website</li> <li>Television</li> <li>Physician: Nan</li> </ul> Indicate the Procedure you are <ul> <li>Gastric Bypass</li> </ul> S			L	Frieria.	Name		



### MUSC Bariatric Surgery Program Nutrition Questionnaire (Please Complete & Return)

Personal Information:			
Name:			
Date of Birth:	Email: _		
Height (inches):	Weight (	pounds):	
revious Attempts at Weight Loss Efforts (Pasist Programs (like Weight Watchers, Metabolic Medical elviq), Over the Counter products (like Alli, Metabolife)	Center), Diets (like Atkins, S		
Name of weight loss program, diet, medication, past history of bariatric surgery	Date/year you started	How long on it (days, weeks, months, or years)	How many pounds did you lose
Daily Routine:			
What do you do for work?	What are your typi	cal work hours?	
Who else lives in the home with you?			
Who does the food shopping and preparation? $\_$			
Do you plan meals in advance?		Do you sho	p from a list?
Where do you typically eat your meals (table, cou			
Do you have any food allergies or intolerances? _			
Are you taking vitamin and mineral supplements?	(please list)		
Weight Loss Surgery Expectations:			
Which type of weight loss surgery are you interes	ted in?		
How much weight do you hope to lose with surge			
n what time frame do you expect to lose this weigh	ght?		
Do you have any non-scale goals or things you a	re looking forward to with	weight loss?	
What do you feel is your biggest challenge wl	nen it comes to changin	g your eating habit	s?



## **Metabolic & Bariatric Surgery Program New Patient Medical Questionnaire**

PLEASE COMPLETE ENTIRE FORM

Name Addre	ess	Phone	
URRENT HEIGHT (inches):	WEIGHT (pounds):		
PAST MEDICAL HISTORY	Additional Questions	YES	NO or NA
Diabetes	Type 1 Type 2 taking insu	lin	
Thyroid Problems			
High Blood Pressure			
High Cholesterol (or lipids)			
Congestive Heart Failure (CHF)			
Heart Attack or Cardiac Stent			
Sleep Apnea (OSA)	CPAP BIPAP		
Oxygen Dependent			
Asthma			
Emphysema (or COPD)			
Pulmonary Embolus (PE) or			
Deep Vein Thrombosis (DVT)			
IVC Filter for blood clot			
(Therapeutic Anticoagulation)			
Arthritis	Osteo Rheumatoid		
Gout			
Pain in joints, back, hip, or knees	Joint Back Hip Knee		
Scleroderma			
Connective Tissue Disease			
Irritable bowel syndrome (IBS)			
Diverticulosis/diverticulitis			
Crohns' Disease or Ulcerative Colitis			
GERD (Reflux or heartburn)			
Constipation (Chronic)			
Chronic Steroid/Immunosuppressant use			
Polycystic Ovarian Syndrome (PCOS)			
Kidney disease	on Dialysis		
Urinary Stress Incontinence			
Cancer; Type:	Chemotherapy Radiation		
Mental health history:			



## Metabolic & Bariatric Surgery Program New Patient Medical Questionnaire

PLEASE COMPLETE ENTIRE FORM

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PROCEDURE/OPERATION (Laparoscopic or Open)	DATE	SURGEON	HOSPITAL

Have you ever had bariatric or weight loss surgery? List type, date, surgeon, hospital:	

### **FAMILY HISTORY**

RELATIONSHIP	STATUS		MEDICAL PROBLEM
Mother	Alive	Deceased	
Father	Alive	Deceased	
Sister	Alive	Deceased	
Brother	Alive	Deceased	
Maternal Grandmother	Alive	Deceased	
Maternal Grandfather	Alive	Deceased	
Paternal Grandmother	Alive	Deceased	
Paternal Grandfather	Alive	Deceased	

### **MEDICATIONS:**

MEDICATION NAME	DOSE (mg, mcg, etc)	HOW OFTEN?	REASON FOR MED
1.			
2.			
3.			
4.			
5.			
6.			



### Metabolic & Bariatric Surgery Program New Patient Medical Questionnaire

PLEASE COMPLETE ENTIRE FORM

### **MEDICATIONS** (continued)

MEDICATION NAME	DOSE (mg, mcg, etc)	HOW OFTEN?	REASON FOR MED
7.			
8.			
9.			
10.			
11.			
12.			

Do you have any allergies? What is your reaction? \_\_\_\_\_\_

### **ADDITIONAL QUESTIONS**

Do you smoke cigarettes, cigars, or	Never	Yes,	Former	Year Started:	Year Quit:
use any nicotine products?		current			
Do you use smokeless tobacco, such	Never	Yes,	Former	Year Started:	Year Quit:
as E-cig/vaping, dip, or chewing		current			
tobacco?					
Do you drink alcohol?	Never	Yes,	Former	Year Started:	Year Quit:
		current			
Do you use recreational drugs?	Never	Yes,	Former	Year Started:	Year Quit:
		current			
List type of recreational drugs used:					
				<del>,</del>	
Do you use birth control?	Not	No	Yes	Туре:	
	applicable				
Do you use assistive devices for walking?	No	Yes	Туре:		
Do you rely on others for	No	Yes	Who:		
transportation?					
Do you have additional support	No	Yes	Who:		
from at least 2 adults after you have					
weight loss surgery?					
Do you have financial concerns?	No	Yes	You will be required to take		
			vitamins/supplements for life after weight		
			loss surgery. These could cost you		
			approximately \$20-35/month		

If you have any questions while filling out this form, please contact us at 843-792-3046