

# How does substance use affect the teenage brain?

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**Findings** 

# Background

- The teen brain develops until around age 25.
- While a teenage brain develops, some teens start to use substances, like alcohol and cannabis

#### **Research Question**

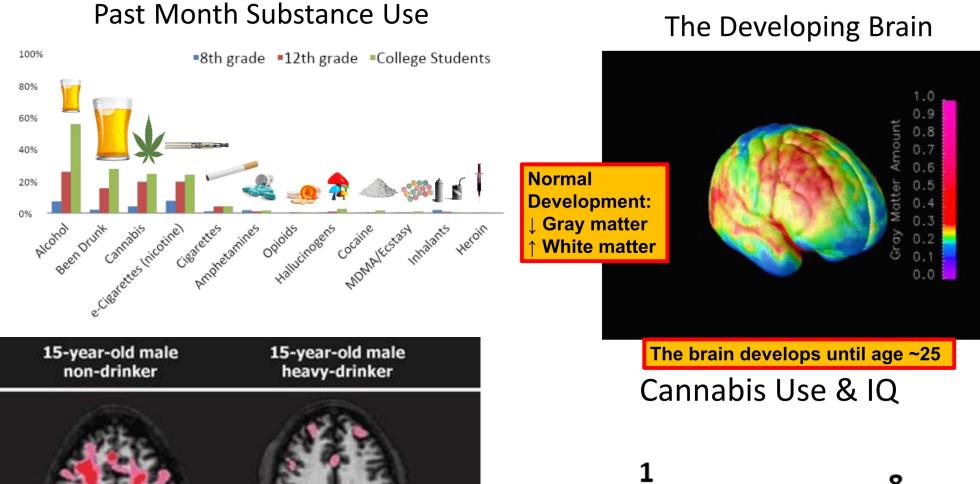
How does substance use affect the teenage brain?

#### Methods

We used brainandlife.org, theconversation.com, cdc.gov, and health.old.gov.au

#### References





Brain activity while performing a memory task. Heavy drinker is sober during this test.

Non-users



### Reflections



Heavy Teen Cannabis Use



- Burke High School, Junior
- Favorite TSAP moment: Learning about mental health.
- Share a piece of advice for a new Ambassador: You'll learn something new.

## Mentorship

- Senior Mentor: Dr. Lindsay Squeglia
- Near peer-mentor: Nyla Bickham
- Favorite piece of advice from your mentor(s): You are smart and capable of anything!

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