

Background

- Eighty-five percent of individuals have social anxiety.
- About 1 in 10 adolescents have Social Anxiety Disorder.
- In order to cope with the social difficulties, some adolescents turn to alcohol.

Research Question

Why do adolescents with social anxiety drink alcohol?

Methods

I have seen people around me struggle with social interactions. During the lectures, I learned how many adolescents struggle with mental health and substance problems.

References



Findings



Reflections



School: Burke High School
 Grade: 11th

Favorite TSAP moment: Scavenger Hunt
 Advice for new ambassador: Be open to meeting new people. You learn a lot about yourself.

Mentorship

- Alexis Garcia, Ph.D
- Michell Cordova-Huerta
- "It's okay for your family to inspire your future career."

Acknowledgements

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