

# Adult Obesity Nutrition Counseling for Medicaid

Fax this referral to 843-792-2995

\*Please note this is for Medicaid patients only, please see page 3 for requirements prior to making this referral  
Has the referring provider billed for code G0447? (This is a requirement for the program) \_\_\_\_\_yes \_\_\_\_\_no

Patient Name \_\_\_\_\_

Medicaid # \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_

Medical diagnosis (see next page for all available):

ICD 10 code for obesity, please see next page for list of codes:

Z68. \_\_\_\_\_ BMI \_\_\_\_\_, adult

Anthropometrics:

Height:	Weight:	BMI:
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Relevant medications and other diagnoses: (attach list of most current or a recent progress note if available)

Most recent labs:

Date	Lab
	BP:
	Glucose:
	HbA1C:
	Total cholesterol:
	HDL:
	LDL:
	Triglycerides:

Physical limitations: \_\_\_\_\_none \_\_\_\_\_yes

If yes, please specify \_\_\_\_\_

Comments/Goals for weight loss: \_\_\_\_\_

Referring Providers Name: \_\_\_\_\_

UPIN/NPI #: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail/Fax: \_\_\_\_\_

Physician Signature: \_\_\_\_\_

## DIAGNOSIS CODES (Adults)

The diagnosis codes used for billing for adult weight management program services:

ICD 10 Code
Z68.30 BMI 30.0-30.9, adult
Z68.31 BMI 31.0-31.9, adult
Z68.32 BMI 32.0-32.9, adult
Z68.33 BMI 33.0-33.9, adult
Z68.34 BMI 34.0-34.9, adult
Z68.35 BMI 35.0-35.9, adult
Z68.36 BMI 36.0-36.9, adult
Z68.37 BMI 37.0-37.9, adult
Z68.38 BMI 38.0-38.9, adult
Z68.39 BMI 39.0-39.9, adult
Z68.41 BMI 40.0-44.9, adult
Z68.42 BMI 45.0-49.9, adult
Z68.43 BMI 50.0-59.9, adult
Z68.44 BMI 60.0-69.9, adult
Z68.45 BMI > 70.0, adult

South Carolina Department of Health and Human Services (SCDHHS) has implemented a policy for nutritional counseling for those individuals with a Body Mass Index (BMI) of 30 and greater who are not currently seeking gastric bypass surgery or related services.

The nutritional counseling program will **exclude** the following categories of Healthy Connections members:

- Pregnant women
- Members who have had bariatric surgery, gastric banding or other related procedures
- Members receiving active treatment with Gastric Bypass Surgery/Vertical-Banded Gastroplasty
- Medicaid secondary (Example: Medicare primary, Medicaid secondary)
- Members for whom medication use has significantly contributed to the member's obesity as determined by the treating physician
  - Examples of medications that may cause weight gain include but are not limited to:
    - Atypical antipsychotics (aripiprazone, olanzapine, quetiapine, risperidone, ziprasidone)
    - Long-term use of oral corticosteroids (prednisone, prednisolone)
    - Certain anticonvulsant medications (valproic acid, carbamazepine)
    - Tricyclic antidepressants (amitriptyline)

Adult members with a BMI of 30 or greater who are committed to losing weight through diet and exercise will be eligible for this program. The program includes an initial screening, five additional face to face behavioral counseling visits/encounters with a physician, physician assistant, and/or a nurse practitioner, an initial dietitian visit for nutritional counseling and five follow up visits with a dietician.

**All Medicaid HMOs are eligible; however MUSC does NOT accept these Medicaid HMOs:**

- WellCare of SC
- Blue Choice Health Plan Medicaid SC

To learn more about this program, please visit: <http://www.scdhec.gov/library/CR-011460.pdf>